

Canada

CIHR CAFÉ SCIENTIFIQUE  
PRESENTS



## LENDING A HAND FOR OUR FUTURE:

### What Can We Do About the Mental Health of Children and Youth New to Canada and Who Should Be Doing It?

Monday, November 18<sup>th</sup>, 2013, 6 p.m.

Measure Café

296 Brunswick Avenue, Toronto

RSVP: s.puenteduran@gmail.com



This free event is hosted by the Canadian Institutes of Health Research. Space is limited.



Children and youth with an immigrant background are the fastest growing segment of Canada's under-20 population. Canada expects a lot from them – that they will be mentally healthy, learn English and/or French, do well at school, be loyal to the country, eventually make an economic contribution, and, in the meanwhile, use social services sparingly and stay out of trouble. A daunting list for anyone.

Canada is a constantly evolving experiment in the merging of peoples for the benefit of all. How is the experiment working? Learn what research and diaspora literature have to say about the mental health and adaptation of immigrant-origin children and youth. Hear what policy makers and practitioners are doing to fulfill Ontario's responsibilities to young newcomers. Share in discussion about what more we need to know, and what more we could and should be doing.

#### Experts:

**Shyam Selvadurai, MFA**

Author: *Funny Boy*,  
WH Smith/Books in Canada  
First Novel Award  
*The Hungry Ghosts*, Governor  
General's Award Nominee

**Nazilla Khanlou, PhD**

Associate Professor  
York University  
Echo Chair in Women's  
Mental Health Research

**Morton Beiser, MD**

Professor of Distinction  
Ryerson University  
Scientist, Li Ka Shing Knowledge  
Institute, St. Michael's Hospital

**Vasanthi Srinivasan, PhD**

Assistant Deputy Minister of  
Health, Province of Ontario

#### Moderator:

**David Carroll**

CBC Producer & Author

