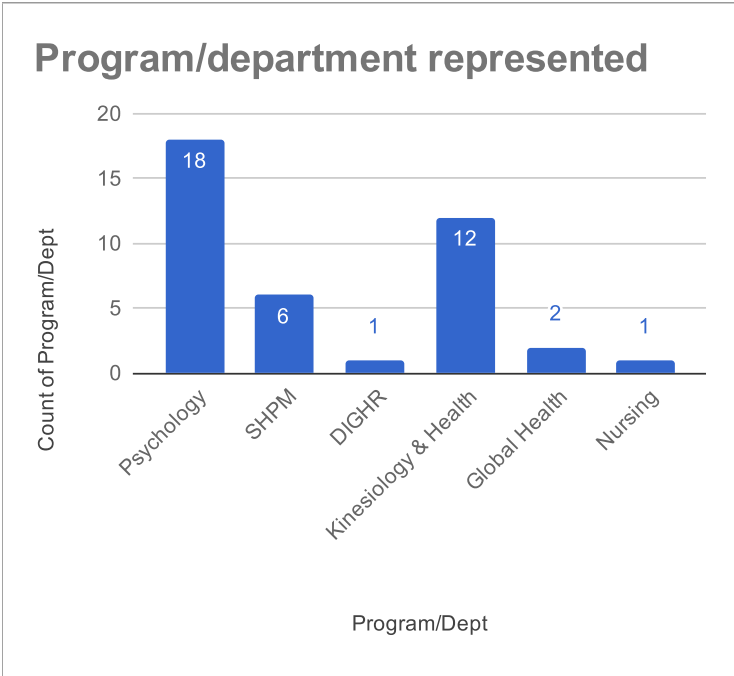
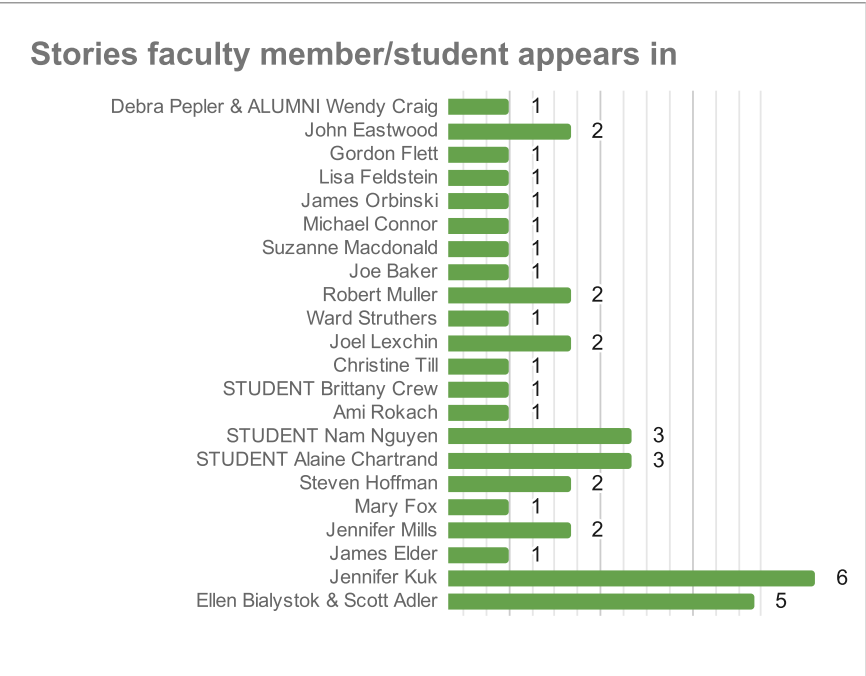
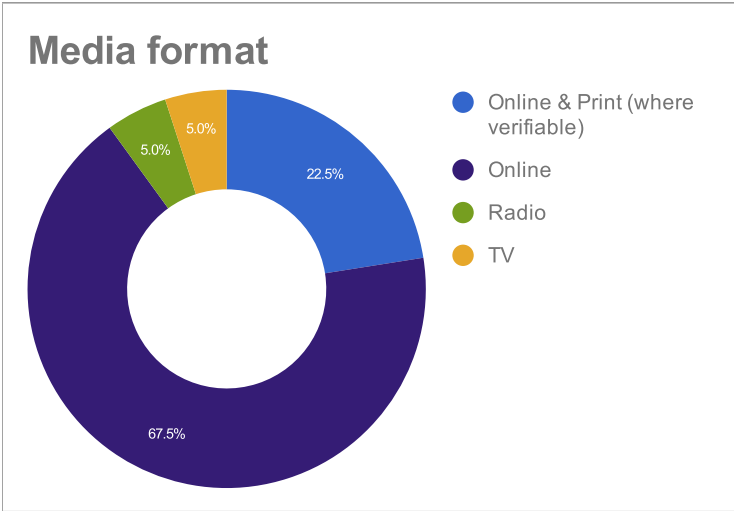
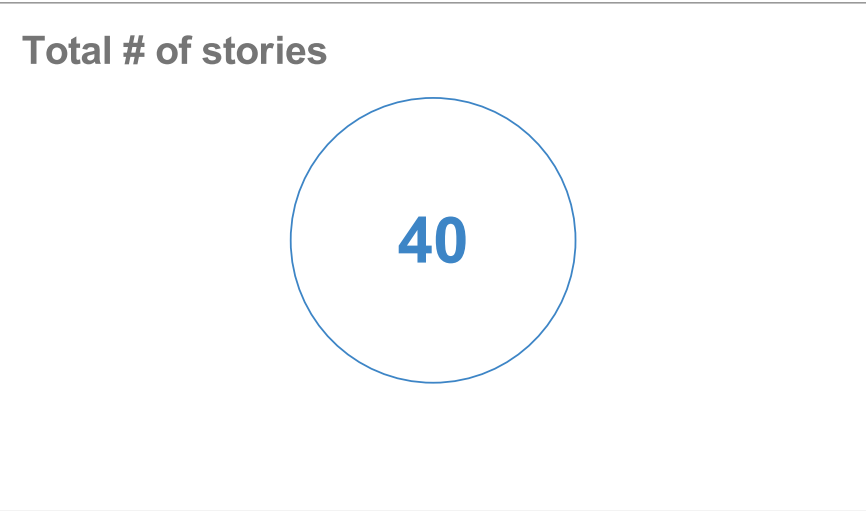


January 2019 Faculty of Health Media Report



January 2019 Faculty of Health Media Mentions

Date	Outlet	Format	Faculty Member/ Student	Program/ Dept	Coordinated via York media relations (if known)	Story Title/ Subject	Audience reach (when available)	Link	Also published in (link)
1/1/2019	The Kingston Whig-Standard	Online & Print (where verifiable)	Debra Pepler & ALUMNI Wendy Craig	Psychology		2018 - The Year in Review: June & July		https://www.thewhig.com/news/local-news/2018-the-year-in-review-june-july	
1/1/2019	CTV News	Online	John Eastwood	Psychology		Why being bored should be your New Year's resolution		https://www.ctvnews.ca/lifestyle/why-being-bored-should-be-your-new-year-s-resolution-1.4226293	
1/2/2019	Bottom Line Inc	Online	Gordon Flett	Psychology		Is Being a Perfectionist Making You Sick?		https://bottomlineinc.com/health/wellness/health-pitfalls-of-perfectionism	
1/2/2019	CBC Radio - The Current Review	Radio	Lisa Feldstein	SHPM		Interview with professor Lisa Feldstein in Toronto Studio: re: potential legal issues with unassisted births	51,000		
1/3/2019	Doctors Without Borders News	Online	James Orbinski	DIGHR		Our wish list for a happy and healthy new year		https://www.doctorswithoutborders.org/what-we-do/news-stories/story/our-wish-list-happy-and-healthy-new-year	
1/5/2019	CBC Radio - Quirks & Quarks	Radio	Michael Connor	Kinesiology & Health Science		Interview answering listener question: Why do muscles hurt after exercise and why do they stay sore for so long (replayed on CBC Radio 1 London Jan 9)		https://www.cbc.ca/radio/quirks/jan-5-2019-the-quirks-quarks-listener-question-show-1.4964514	
1/5/2019	The Times and Democrat	Online & Print (where verifiable)	Suzanne Macdonald	Psychology		More to raccoons than meets the eye		https://theandd.com/sports/local/more-to-raccoons-than-meets-the-eye/article_8d7b0d95-b25e-521e-86e4-9546d3d8d9d5.html	
1/8/2019	Cosmos Magazine	Online	Joe Baker	Kinesiology & Health Science		Mind and Muscles – How to age well		https://cosmosmagazine.com/biology/mind-and-muscles-how-to-age-well	
1/10/2019	Business Insider	Online	Robert Muller	Psychology		Dissociative identity disorder is nothing like how it's portrayed in 'Split,' according to people who have it		https://www.businessinsider.com/living-with-split-personality-disorder-2017-2	
1/12/2019	Psychology Today	Online	Ward Struthers	Psychology		5 Ways to Get Over a Grudge		https://www.psychologytoday.com/ca/blog/fulfillment-any-age/201901/5-ways-get-over-grudge	
1/13/2019	National Post Winnipeg Free Press	Online	Joel Lexchin	SHPM	first published on The Conversation	Why Big Pharma must disclose payments to patient groups		https://nationalpost.com/pm/news-pmn/why-big-pharma-must-disclose-payments-to-patient-groups	https://www.winnipegfreepress.com/opinion/analysis/big-pharma-must-disclose-payments-to-patient-groups-504528892.html
1/14/2019	Innovation.ca	Online	John Eastwood	Psychology		Boredom is complicated		https://www.innovation.ca/story/boring-complicated	
1/16/2019	Neurology Advisor	Online	Christine Till	Psychology		Addressing Cognitive Impairment in Pediatric MS: Expert Q&A		https://www.neurologyadvisor.com/multiple-sclerosis/addressing-cognitive-impairment-in-pediatric-multiple-sclerosis/article/827531/	
1/16/2019	National Post CBC.ca Toronto Star	Online & Print (where verifiable)	STUDENT Brittany Crew	Kinesiology & Health Science		Canadian Press story: Canada's Crew back in the shot put circle after broken foot derailed last season		https://nationalpost.com/pm/sports-pmn/canadas-crew-back-in-the-shot-put-circle-after-broken-foot-derailed-last-season	https://www.cbc.ca/sports/olympics/trackandfield/britany-crew-shot-put-return-competition-1.4981146
1/19/2019	CBC News	Online	Ami Rokach	Psychology		Feeling lonely? You're not alone - and it could be affecting your physical health	871,000	https://www.cbc.ca/news/health/national-dealing-with-loneliness-1.4828017	
1/19/2019	CBC Sports Globe & Mail	Online & Print (where verifiable)	STUDENT Nam Nguyen	SHPM		Canadian Press story: Nam Nguyen edges teen phenom Stephen Gogolev for men's national title		https://www.cbc.ca/sports/olympics/figureskating/figure-skating-national-championships-saturday-1.4985352	https://www.theglobeandmail.com/sports/article-nam-nguyen-edges-teen-phenom-stephen-gogolev-for-canadian-figure-skating/article/20190119-nam-nguyen-edges-teen-phenom-stephen-gogolev-for-canadian-figure-skating
1/19/2019	CBC Sports	Online & Print (where verifiable)	STUDENT Alaine Chartrand	Kinesiology & Health Science		Canadian Press story: Nam Nguyen edges teen phenom Stephen Gogolev for men's national title		https://www.cbc.ca/sports/olympics/figureskating/figure-skating-national-championships-saturday-1.4985352	https://www.theglobeandmail.com/sports/article-nam-nguyen-edges-teen-phenom-stephen-gogolev-for-canadian-figure-skating
1/19/2019	TSN Prince George Citizen	Online	STUDENT Alaine Chartrand	Kinesiology & Health Science		Canadian Press story: Chartrand captures gold, Daleman falls to 5th		https://www.tsn.ca/chartrand-captures-gold-daleman-falls-to-5th-1.1244230	https://www.princegeorgecitizen.com/chartrand-captures-canadian-gold-daleman-falls-to-heartbreaking-fifth-1.23605964
1/19/2019	Toronto Star / National Post	Online & Print (where verifiable)	STUDENT Nam Nguyen	SHPM		Canadian Press story: Nguyen back on top at Canadian figure skating championships (appeared in over 60 Canadian outlets including TSN, Hamilton Spectator, Sarnia Observer, National Post, Yahoo Canada Sports, etc)		https://www.thestar.com/sports/skating/2019/01/19/nguyen-back-on-top-at-canadian-figure-skating-championships.html	
1/20/2019	CTV News.ca	Online	Steven Hoffman	Global Health		Anti-vaccination views among top threats to global health: WHO		https://www.ctvnews.ca/health/anti-vaccination-views-among-top-threats-to-global-health-who-1.4261310	https://www.ippmedia.com/en/news/vaccine-hesitancy-among-top-ten-threats-global-health-2019-who
1/20/2019	CTV News	TV	Steven Hoffman	Global Health		CTV News Weekend interview re: vaccine hesitancy among WHO's top 10 global threats 2019	450,300	https://www.ctvnews.ca/health/anti-vaccination-views-among-top-threats-to-global-health-who-1.4261310	
1/21/2019	CBC Sports	TV	STUDENT Nam Nguyen	SHPM		Nguyen nails free program, skates away with Canadian title		https://www.cbc.ca/sports/nguyen-nails-free-program-skates-away-with-canadian-title-1.4985747	
1/22/2019	The Brockville Recorder & Times	Online & Print (where verifiable)	STUDENT Alaine Chartrand	Kinesiology & Health Science		Chartrand golden again; Prescott's Alaine Chartrand is back on top at national championships	11,123	Page Number: B1 / Front	
1/22/2019	Goodrich Signal Star	Online & Print (where verifiable)	Mary Fox	Nursing		Gateway Centre of Excellence in Rural Health announces appointment of New Research Chair		https://www.goderichsignalstar.com/news/local-news/gateway-centre-of-excellence-in-rural-health-announces-appointment-of-new-research-chair	
1/23/2019	BC Local News	Online	Joel Lexchin	SHPM		Carl Weber column: A little secret of the pharmaceutical industry		https://www.bclocalnews.com/opinion/carl-weber-column-a-little-secret-of-the-pharmaceutical-industry/	
1/24/2019	Bangladesh Post	Online	Jennifer Mills	Psychology	previous release	Social media can likely affect self-perceived image in young women, says study		https://www.bangladeshpost.net/social-media-can-likely-affect-self-perceived-image-in-young-women-says-study/	
1/29/2019	Chatelaine	Online	Robert Muller	Psychology		Cheating — Without The Sex		https://www.chatelaine.com/health/sex-and-relationships/emotional-affairs/	
1/29/2019	Natural Sciences and Engineering Research Council of Canada (NSERC) Research News	Online	James Elder	Psychology		Amateur hockey with a professional twist		http://www.nserc-crsng.gc.ca/Media-Media/ResearchNewsDetails-NouvellesSurLaRechercheDetails_eng.asp?ID=1037	
1/29/2019	Medical Xpress	Online	Jennifer Kuk	Kinesiology & Health Science		Study: Faster weight loss no better than slow weight loss for health benefits		https://medicalxpress.com/news/2019-01-faster-weight-loss-health-benefits.html	

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1/29/2019	UPI	Online	Jennifer Kuk	Kinesiology & Health Science	release	Fast or slow weight loss makes no difference, study says		https://www.upi.com/Fast-or-slow-weight-loss-makes-no-difference-study-says/3701548784797/	
1/30/2019	Yahoo News	Online	Jennifer Kuk	Kinesiology & Health Science	release	CORRECTED: How much weight you lose is more important than the speed at which you lose it finds new study		https://sg.news.yahoo.com/corrected-much-weight-lose-more-important-speed-lose-144249712.html	
1/30/2019	Spectator Health	Online	Jennifer Kuk	Kinesiology & Health Science	release	Is it better to lose weight quickly or gradually?		https://health.spectator.co.uk/is-it-better-to-lose-weight-quickly-or-gradually/	
1/30/2019	Interesting Engineering	Online	Jennifer Kuk	Kinesiology & Health Science	release	Public Transportation May Help with Weight Loss but Speed of Loss Is Complicated		https://interestingengineering.com/public-transportation-may-help-with-weight-loss-but-speed-of-loss-is-complicated	
1/30/2019	Medical Xpress	Online	Ellen Bialystok & Scott Adler	Psychology	release	Babies who hear two languages at home develop advantages in attention		https://medicalxpress.com/news/2019-01-babies-languages-home-advantages-attention.html	
1/31/2019	Toronto Star / Huffington Post / National Post	Online & Print (where verifiable)	Ellen Bialystok & Scott Adler	Psychology	release	Babies who hear more than one language at home develop attention advantage, study finds Canadian Press story published in: Toronto Star CTV News, National Post, Ottawa Citizen, Huffington Post, Philippine Canadian Inquirer, Hamilton Spectator, CP24		https://www.thestar.com/life/2019/01/31/babies-who-hear-more-than-one-language-at-home-develop-attention-advantage-study-finds.html	https://nationalpost.com/bmn/life-pmn/babies-who-hear-more-than-one-language-at-home-develop-attention-advantage-study
1/31/2019	The Health Site	Online	Jennifer Kuk	Kinesiology & Health Science		If you want to prevent obesity, avoid oversized meals		https://www.thehealthsite.com/diseases-conditions/want-to-prevent-obesity-follow-these-smart-hacks/	
1/31/2019	MedIndia	Online	Ellen Bialystok & Scott Adler	Psychology	release	Babies Who Hear 2 Languages at Home Develop Attention Advantage		https://www.medindia.net/news/babies-who-hear-2-languages-at-home-develop-attention-advantage-185517-1.htm	
1/31/2019	Telegraph India	Online	Ellen Bialystok & Scott Adler	Psychology	release	Bilingual exposure gifts babies an edge		https://www.telegraphindia.com/science/bilingual-exposure-gifts-babies-an-edge/cid/1683284	
1/31/2019	Origo	Online	Ellen Bialystok & Scott Adler	Psychology	release	In multilingual families, babies are developing faster		http://www.origo.hu/tudomany/20190131-a-tobbnyelvuseg-segiti-a-koncentracio-es-a-figyelem-fejlodeset.html	
1/31/2019	Salon.com	Online	Jennifer Mills	Psychology	previous release	Mind control: How social media supercharged the propaganda system		https://www.salon.com/2019/01/31/mind-control-how-social-media-supercharged-the-propaganda-system_partner/	
						TOTAL # OF STORIES	40		

January 2019 Press Releases by York Media Relations

Date	Title	Faculty member	Program/Dept	Link
1/8/2019	Study: Race may bias how you perceive people's smiles	Kerry Kawakami	Psychology	http://news.yorku.ca/2019/01/08/study-race-may-bias-how-you-perceive-peoples-smiles/
1/22/2019	Experts advisory: Will the revamp of Canada's Food Guide meet the needs of all Canadians?	Jennifer Kuk & Andrea Josse	Kinesiology & Health Science	http://news.yorku.ca/2019/01/22/experts-advisory-will-the-revamp-of-canadas-food-guide-meet-the-needs-of-all-canadians/
1/29/2019	Study: Faster weight loss no better than slow weight loss for health benefits	Jennifer Kuk	Kinesiology & Health Science	http://news.yorku.ca/2019/01/29/study-faster-weight-loss-no-better-than-slow-weight-loss-for-health-benefits/
1/30/2019	Babies who hear two languages at home develop advantages in attention	Ellen Bialystok & Scott Adler	Psychology	http://news.yorku.ca/2019/01/30/babies-who-hear-two-languages-at-home-develop-advantages-in-attention/