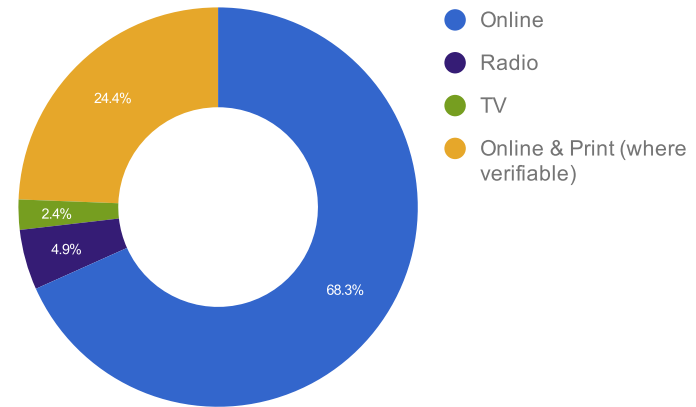


# February 2019 Faculty of Health Media Report

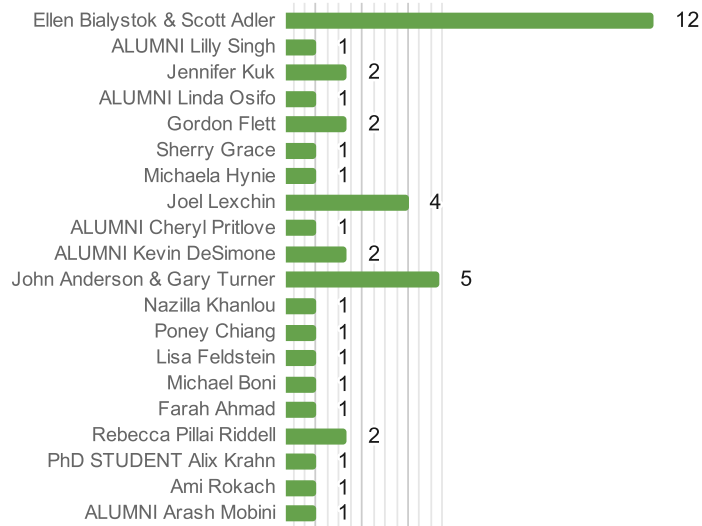
## Total # of stories



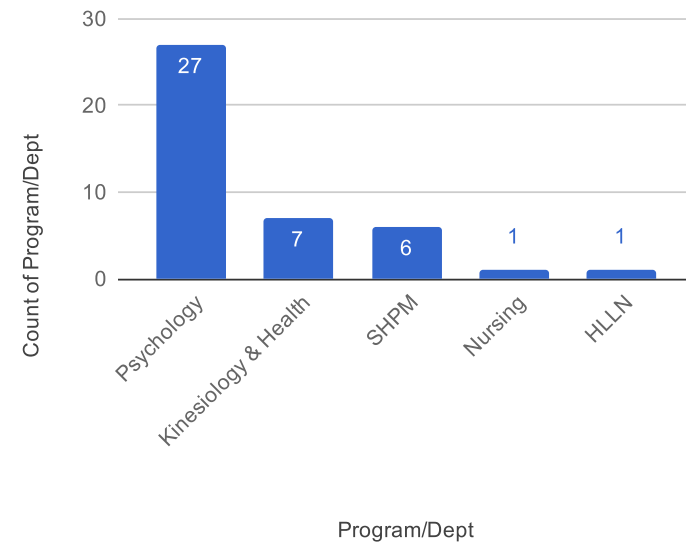
## Media format



## Stories faculty member/student appears in



## Program/department represented



## February 2019 Faculty of Health Media Mentions

Date	Outlet	Format	Faculty Member/ Student	Program/ Dept	Coordinated via York media relations (if known)	Story Title/ Subject	Audience reach (when available)	Link	Also published in (link)
2/1/2019	Winnipeg Sun Times Colonist (Victoria) Toronto Sun Calgary Sun Edmonton Sun.	Online & Print (where verifiable)	Ellen Bialystok & Scott Adler	Psychology	release	Extra Words to the wise; Babies who hear more than one language at home develop attention advantage: Study	58,520 (Winnipeg Sun)	<a href="https://app.infomart.com/newsletter/story/tn%7C128766%7Cwin%7C20190201%7C384701265">https://app.infomart.com/newsletter/story/tn%7C128766%7Cwin%7C20190201%7C384701265</a>	
2/1/2019	Kidspot	Online	Ellen Bialystok & Scott Adler	Psychology	release	Babies exposed to a second language benefit from advantages in attention		<a href="https://www.kidspot.com.au/baby/baby-development/baby-behaviour/babies-exposed-to-a-second-language-benefit-from-advantages-in-attention/news-story/56b01ba97808dbf83a7cbd91df52b643">https://www.kidspot.com.au/baby/baby-development/baby-behaviour/babies-exposed-to-a-second-language-benefit-from-advantages-in-attention/news-story/56b01ba97808dbf83a7cbd91df52b643</a>	
2/1/2019	Thoi Moi (The Vietnamese Canadian Newspaper)	Online	Ellen Bialystok & Scott Adler	Psychology	release	New research: babies hear many languages have better attention		<a href="https://thoimoi.com/doi-song/gia-dinh/ngbien-cuu-moi-tre-so-sinh-nghe-nhie-u-ngon-ngu-co-su-chu-y-hon/">https://thoimoi.com/doi-song/gia-dinh/ngbien-cuu-moi-tre-so-sinh-nghe-nhie-u-ngon-ngu-co-su-chu-y-hon/</a>	
2/1/2019	Earth.com	Online	Ellen Bialystok & Scott Adler	Psychology	release	Growing up in a bilingual home gives babies cognitive advantages		<a href="https://www.earth.com/news/bilingual-babies-cognitive-advantages/">https://www.earth.com/news/bilingual-babies-cognitive-advantages/</a>	
2/3/2019	The Journal IE (Ireland)	Online	Ellen Bialystok & Scott Adler	Psychology	release	Babies who hear two languages at home have a better ability to concentrate (THE ADVANTAGES OF growing up in a bilingual home)	23,829	<a href="https://www.thejournal.ie/babies-two-languages-4467344-Feb2019/">https://www.thejournal.ie/babies-two-languages-4467344-Feb2019/</a>	
2/4/2019	Consumer Affairs	Online	Ellen Bialystok & Scott Adler	Psychology	release	Babies develop better attention skills if they hear more than one language at home (For parents of young infants, managing attention)		<a href="https://www.consumeraffairs.com/news/babies-develop-better-attention-skills-if-they-hear-more-than-one-language-at-home-020419.html">https://www.consumeraffairs.com/news/babies-develop-better-attention-skills-if-they-hear-more-than-one-language-at-home-020419.html</a>	
2/4/2019	Notizie Scientifiche	Online	Ellen Bialystok & Scott Adler	Psychology	release	Children who listen to two languages at home develop advantages in attention		<a href="https://notiziescientifiche.it/bambini-che-ascoltano-due-lingue-a-casa-sviluppano-vantaggi-nellattenzione/">https://notiziescientifiche.it/bambini-che-ascoltano-due-lingue-a-casa-sviluppano-vantaggi-nellattenzione/</a>	
2/4/2019	Hola!	Online	Ellen Bialystok & Scott Adler	Psychology	release	Growing up in a bilingual home increases the attention span of children as early as six months		<a href="https://tuotodiarjio.hola.com/noticias/2019020479171/crecer-hogar-bilingue-aumenta-capacidad-atencion-ninos/">https://tuotodiarjio.hola.com/noticias/2019020479171/crecer-hogar-bilingue-aumenta-capacidad-atencion-ninos/</a>	
2/4/2019	Earth.com	Online	Ellen Bialystok & Scott Adler	Psychology	release	Video of the day: Babies in bilingual homes have cognitive advantages		<a href="https://www.earth.com/video/babies-in-bilingual-homes-have-cognitive-advantages/">https://www.earth.com/video/babies-in-bilingual-homes-have-cognitive-advantages/</a>	
2/5/2019	Vogue India	Online	ALUMNI Lilly Singh	Psychology		49 incredible Indian women who are creating legacies across the globe		<a href="https://www.vogue.in/content/incredible-indian-women-achievers-who-are-creating-legacies-across-the-globe/">https://www.vogue.in/content/incredible-indian-women-achievers-who-are-creating-legacies-across-the-globe/</a>	
2/5/2019	HealthDay News	Online	Jennifer Kuk	Kinesiology & Health Science		Fast or Slow, Weight Loss Has Similar Effect on Health	34,880 (Doctor's Lounge)	<a href="https://consumer.healthday.com/vitamins-and-nutrition-information-27/weight-loss-news-703/fast-or-slow-weight-loss-has-similar-effect-on-health-742136.html">https://consumer.healthday.com/vitamins-and-nutrition-information-27/weight-loss-news-703/fast-or-slow-weight-loss-has-similar-effect-on-health-742136.html</a>	<a href="https://www.usnews.com/news/health-news/articles/2019-02-05/fast-or-slow-weight-loss-has-similar-effect-on-health">https://www.usnews.com/news/health-news/articles/2019-02-05/fast-or-slow-weight-loss-has-similar-effect-on-health</a>
2/5/2019	Fab Woman	Online	ALUMNI Linda Osifo	Psychology		8 Interesting Facts You Didn't Know About Stunning Nollywood Actress, Linda Osifo		<a href="https://fabwoman.ng/linda-osifo-biography-profile-fabwoman/">https://fabwoman.ng/linda-osifo-biography-profile-fabwoman/</a>	
2/6/2019	Journal Online (Philippines)	Online	Ellen Bialystok & Scott Adler	Psychology	release	Babies in bilingual home show early development of attention	8,000	<a href="https://journal.com.ph/lifestyle/health-and-wellness/babies-bilingual-home-show-early-development-attention">https://journal.com.ph/lifestyle/health-and-wellness/babies-bilingual-home-show-early-development-attention</a>	
2/7/2019	Radio Canada	Online	Gordon Flett	Psychology		Perfectionism increasing, requires urgent action, say researchers	748,000	<a href="http://www.rcinet.ca/en/2019/02/07/canada-perfect-anxiety-depression-prevention/">http://www.rcinet.ca/en/2019/02/07/canada-perfect-anxiety-depression-prevention/</a>	
2/7/2019	CBC Radio One Toronto - Metro Morning (and 12 other CBC stations the same morning)	Radio	Gordon Flett	Psychology		Interview with Gordon Flett commenting on a new perfectionism study (at 2:22 mins)		<a href="https://podcast-a.akamaihd.net/mp3/podcasts/bcearlyedition-ElfrRo8N-20190207.mp3">https://podcast-a.akamaihd.net/mp3/podcasts/bcearlyedition-ElfrRo8N-20190207.mp3</a>	
2/7/2019	Telegraph India	Online	Ellen Bialystok & Scott Adler	Psychology	release	Early exposure to linguistic diversity is an advantage that India must build on	146,240	<a href="https://www.telegraphindia.com/opinion/early-exposure-to-linguistic-diversity-is-an-advantage-that-india-must-build-on-for-better-child-development/cid/1683867">https://www.telegraphindia.com/opinion/early-exposure-to-linguistic-diversity-is-an-advantage-that-india-must-build-on-for-better-child-development/cid/1683867</a>	
2/8/2019	CTV News	TV	Sherry Grace	Kinesiology & Health Science	release	The Benefits Of Cardiac Rehab		<a href="https://www.facebook.com/CTVNewsChannel/videos/346545859532546/">https://www.facebook.com/CTVNewsChannel/videos/346545859532546/</a>	
2/8/2019	Toronto Star	Online & Print (where verifiable)	Michaela Hynie	Psychology		Settled in a strange land: What life is like in Canada for Syrian refugees		<a href="https://www.thestar.com/news/canada/2019/02/08/settled-in-a-strange-land-what-life-is-like-in-canada-for-syrian-refugees.html">https://www.thestar.com/news/canada/2019/02/08/settled-in-a-strange-land-what-life-is-like-in-canada-for-syrian-refugees.html</a>	<a href="https://danilfineman.com/settled-in-a-strange-land-what-life-is-like-in-canada-for-syrian-refugees/">https://danilfineman.com/settled-in-a-strange-land-what-life-is-like-in-canada-for-syrian-refugees/</a>
2/11/2019	National Post	Online & Print (where verifiable)	Joel Lexchin	SHPM	originally published in The Conversation	How Big Pharma's free samples encourage your doctor to prescribe more expensive drugs		<a href="https://nationalpost.com/pmn/news-pmn/how-big-pharmas-free-samples-encourage-your-doctor-to-prescribe-more-expensive-drugs">https://nationalpost.com/pmn/news-pmn/how-big-pharmas-free-samples-encourage-your-doctor-to-prescribe-more-expensive-drugs</a>	<a href="https://theconversation.com/how-big-pharmas-free-samples-encourage-your-doctor-to-prescribe-more-expensive-drugs-109628">https://theconversation.com/how-big-pharmas-free-samples-encourage-your-doctor-to-prescribe-more-expensive-drugs-109628</a>
2/11/2019	St Michaels Hospital News	Online	ALUMNI Cheryl Pritlove	Kinesiology & Health Science		Lancet article by St. Michael's researchers calls for more thoughtful approach to gender equity than individual-focused interventions		<a href="http://www.stmichaelshospital.com/media/detail.php?source=hospital_news/2019/0211">http://www.stmichaelshospital.com/media/detail.php?source=hospital_news/2019/0211</a>	
2/11/2019	Newsweek	Online	ALUMNI Kevin DeSimone	Psychology		Perfect Pitch: Why some people might have rare musical skill possessed by Bach and Mozart		<a href="https://www.newsweek.com/perfect-pitch-why-rare-musical-skill-bach-mozart-1326380">https://www.newsweek.com/perfect-pitch-why-rare-musical-skill-bach-mozart-1326380</a>	
2/13/2019	ABC (Australian Broadcasting Corporation)	Online	ALUMNI Kevin DeSimone	Psychology		Do you have a pitch-perfect brain?		<a href="https://www.abc.net.au/classic/read-and-watch/news/brains-for-perfect-pitch/10806174">https://www.abc.net.au/classic/read-and-watch/news/brains-for-perfect-pitch/10806174</a>	
2/13/2019	NeuroScience News	Online	John Anderson & Gary Turner	Psychology		Exercise Gives Older Men a Better Brain Boost		<a href="https://neurosciencenews.com/exercise-cognition-men-10732/">https://neurosciencenews.com/exercise-cognition-men-10732/</a>	
2/13/2019	News Medical	Online	John Anderson & Gary Turner	Psychology		Exercise gives a better brain boost to older men than women		<a href="https://www.news-medical.net/news/20190213/Exercise-gives-a-better-brain-boost-to-older-men-than-women.aspx">https://www.news-medical.net/news/20190213/Exercise-gives-a-better-brain-boost-to-older-men-than-women.aspx</a>	<a href="https://medicalxpress.com/news/2019-02-older-men-brain-boost.html">https://medicalxpress.com/news/2019-02-older-men-brain-boost.html</a>
2/13/2019	Briertbart.com UPI	Online	John Anderson & Gary Turner	Psychology		Exercise boosts brain function in older men, study says (UPI story)		<a href="https://www.upi.com/Health_News/2019/02/13/Exercise-boosts-brain-function-in-older-men-study-says/7261550086504/">https://www.upi.com/Health_News/2019/02/13/Exercise-boosts-brain-function-in-older-men-study-says/7261550086504/</a>	<a href="https://www.briertbart.com/news/exercise-boosts-brain-function-in-older-men-study-says/">https://www.briertbart.com/news/exercise-boosts-brain-function-in-older-men-study-says/</a>
2/14/2019	PsychCentral	Online	John Anderson & Gary Turner	Psychology		Fitness-Brain Function Link in Old Age May Be More Robust in Men		<a href="https://psychcentral.com/news/2019/02/14/fitness-brain-function-link-in-old-age-may-be-more-robust-in-men/142879.html">https://psychcentral.com/news/2019/02/14/fitness-brain-function-link-in-old-age-may-be-more-robust-in-men/142879.html</a>	
2/15/2019	Bloom: Holland Bloorview News	Online	Nazilla Khanlou	Nursing		Racism and ableism stack up against black moms, study finds		<a href="http://bloom-parentingkidswithdisabilities.blogspot.com/2019/02/racism-and-ableism-stack-up-against.html">http://bloom-parentingkidswithdisabilities.blogspot.com/2019/02/racism-and-ableism-stack-up-against.html</a>	
2/15/2019	Lhasa OMS	Online	Poney Chiang	HLLN		Neuro-Meridian Acupuncture Intensives: The Extremities		<a href="https://blog.lhasaoms.com/acupuncture-events/neuro-meridian-intensives-the-extremities-featuring-dr-poney-chiang/">https://blog.lhasaoms.com/acupuncture-events/neuro-meridian-intensives-the-extremities-featuring-dr-poney-chiang/</a>	
2/15/2019	The Lawyers Daily	Online & Print (where verifiable)	Lisa Feldstein	SHPM		Statutory interpretation life and death issue in assistance in dying law		<a href="https://www.thelawyersdaily.ca/articles/10294/statutory-interpretation-life-and-death-issue-in-assistance-in-dying-law">https://www.thelawyersdaily.ca/articles/10294/statutory-interpretation-life-and-death-issue-in-assistance-in-dying-law</a>	

## February 2019 Faculty of Health Media Mentions

Date	Outlet	Format	Faculty Member/ Student	Program/ Dept	Coordinated via York media relations (if known)	Story Title/ Subject	Audience reach (when available)	Link	Also published in (link)
2/16/2019	Deccan Chronicle Shillong Times Hindustan Times MedIndia	Online & Print (where verifiable)	John Anderson & Gary Turner	Psychology		Sex matters when it comes to brain health in old age (ANI story)		<a href="https://www.deccanchronicle.com/lifestyle/health-and-wellbeing/160219/sex-matters-when-it-comes-to-brain-health-in-old-age.html">https://www.deccanchronicle.com/lifestyle/health-and-wellbeing/160219/sex-matters-when-it-comes-to-brain-health-in-old-age.html</a>	<a href="http://www.theshillongtimes.com/2019/02/15/exercise-gives-older-men-a-better-brain-boost/">http://www.theshillongtimes.com/2019/02/15/exercise-gives-older-men-a-better-brain-boost/</a>
2/16/2019	Language Magazine	Online	Ellen Bialystok & Scott Adler	Psychology	release	Bilingual Babies Focus Better		<a href="https://www.languagemagazine.com/2019/02/16/bilingual-babies-focus-better">https://www.languagemagazine.com/2019/02/16/bilingual-babies-focus-better</a>	
2/20/2019	CBC News	Online & Print (where verifiable)	Michael Boni	Kinesiology & Health Science		Are you shovelling the right way? Experts on how to avoid injury and even turn it into a workout		<a href="https://www.cbc.ca/life/wellness/are-you-shovelling-the-right-way-experts-on-how-to-avoid-injury-and-even-turn-it-into-a-workout-1.5026934">https://www.cbc.ca/life/wellness/are-you-shovelling-the-right-way-experts-on-how-to-avoid-injury-and-even-turn-it-into-a-workout-1.5026934</a>	
2/20/2019	Markham Economist & Sun	Online & Print (where verifiable)	Farah Ahmad	SHPM		Way Indigenous children treated in system 'blew my mind': Markham-Stouffville MP		<a href="https://www.yorkregion.com/news-story/9178609-way-indigenous-children-treated-in-system-blew-my-mind-markham-stouffville-mp/">https://www.yorkregion.com/news-story/9178609-way-indigenous-children-treated-in-system-blew-my-mind-markham-stouffville-mp/</a>	
2/20/2019	Toronto Star	Online & Print (where verifiable)	Joel Lexchin	SHPM		Medical-record software companies are selling your health data		<a href="https://www.thestar.com/news/investigations/2019/02/20/medical-record-software-companies-are-selling-your-health-data.html">https://www.thestar.com/news/investigations/2019/02/20/medical-record-software-companies-are-selling-your-health-data.html</a>	
2/21/2019	CBC Radio One Vancouver	Radio	Rebecca Pillai Riddell	Psychology		New public opinion survey finds majority of Canadians want mandatory vaccinations for children entering school. Interview with Rebecca Pillai Riddell on CBC On The Coast about implications of survey (at 45:51 mins)	51,000	<a href="https://www.cbc.ca/listen/shows/on-the-coast/episode/15671925">https://www.cbc.ca/listen/shows/on-the-coast/episode/15671925</a>	
2/22/2019	Radio Canada	Online	Rebecca Pillai Riddell	Psychology		Vaccinations should be mandatory, say most Canadians		<a href="http://www.rcinet.ca/en/2019/02/22/canada-immunization-survey/">http://www.rcinet.ca/en/2019/02/22/canada-immunization-survey/</a>	
2/22/2019	National Post Winnipeg Sun	Online & Print (where verifiable)	PhD STUDENT Alix Krahn	Kinesiology & Health Science	first published published on The Conversation	Protecting athletes from abusive coaches - Let's get it right	52,388 (Winnipeg Sun)	<a href="https://nationalpost.com/pmn/news-pmn/protecting-young-athletes-from-abusive-coaches-lets-get-it-right">https://nationalpost.com/pmn/news-pmn/protecting-young-athletes-from-abusive-coaches-lets-get-it-right</a>	<a href="https://winnipegsun.com/opinion/columnists/guest-column-protecting-athletes-from-abusive-coaches-lets-get-it-right">https://winnipegsun.com/opinion/columnists/guest-column-protecting-athletes-from-abusive-coaches-lets-get-it-right</a>
2/22/2019	Estes Park Trail-Gazette	Online & Print (where verifiable)	Jennifer Kuk	Kinesiology & Health Science		How fast should you lose weight?		<a href="http://www.eprail.com/estes-park-news/ci_32467402/how-fast-should-you-lose-weight">http://www.eprail.com/estes-park-news/ci_32467402/how-fast-should-you-lose-weight</a>	
2/23/2019	National Post The Record (Sherbrooke)	Online & Print (where verifiable)	Joel Lexchin	SHPM	first published published on The Conversation	How Big Pharma donations may influence public drug coverage	4,271	<a href="https://nationalpost.com/pmn/news-pmn/how-big-pharma-donations-may-influence-public-drug-coverage">https://nationalpost.com/pmn/news-pmn/how-big-pharma-donations-may-influence-public-drug-coverage</a>	<a href="https://theconversation.com/how-big-pharma-donations-may-influence-public-drug-coverage-111412">https://theconversation.com/how-big-pharma-donations-may-influence-public-drug-coverage-111412</a>
2/27/2019	University Affairs	Online	Ami Rokach	Psychology		Loneliness: the silent killer		<a href="https://www.universityaffairs.ca/features/feature-article/loneliness-the-silent-killer/">https://www.universityaffairs.ca/features/feature-article/loneliness-the-silent-killer/</a>	
2/28/2019	Torrington Register Citizen (Connecticut)	Online	ALUMNI Arash Mobini	Kinesiology & Health Science		Newest dentist at Torrington practice working to build patient trust		<a href="https://www.registercitizen.com/news/article/Newest-dentist-at-Torrington-practice-working-to-13653744.php">https://www.registercitizen.com/news/article/Newest-dentist-at-Torrington-practice-working-to-13653744.php</a>	
2/28/2019	National Post	Online	Joel Lexchin	SHPM	first published published on The Conversation	It's time to rethink what the medical profession considers a 'rare disease'	103,680	<a href="https://nationalpost.com/pmn/news-pmn/its-time-to-rethink-what-the-medical-profession-considers-a-rare-disease">https://nationalpost.com/pmn/news-pmn/its-time-to-rethink-what-the-medical-profession-considers-a-rare-disease</a>	<a href="http://theconversation.com/its-time-to-rethink-what-the-medical-profession-considers-a-rare-disease-112600">http://theconversation.com/its-time-to-rethink-what-the-medical-profession-considers-a-rare-disease-112600</a>

February 2019 Press Releases by York Media Relations

Date	Title	Faculty member	Program/Dept	Link
2/7/2019	Expert available on why survivors still need to be talked into cardiac rehab	Sherry Grace	Kinesiology & Health Science	<a href="http://news.yorku.ca/2019/02/07/expert-available-on-why-survivors-still-need-to-be-talked-into-cardiac-rehab/">http://news.yorku.ca/2019/02/07/expert-available-on-why-survivors-still-need-to-be-talked-into-cardiac-rehab/</a>